

IPL Limelight

Contraindications: include sunburn, recent tanning, fake tan, recent waxing, tweezing, open lesions, infected skin, cuts, tattoos, pregnancy and breastfeeding, photosensitive medications (accutane), diabetes, lupus (may be stimulated by light), porphyria (a disease causing extreme sensitivity of the skin to light), very dark skin, active skin diseases (vitiligo, eczema, psoriasis, herpes simplex), cancer, history of keloid scarring, epilepsy,

Pre Treatment

- A cleared skin cancer check by your GP is required
- No retinoic acid or skin peels 2 weeks prior

Post Treatment for Limelight (Pigmentation and Vascular)

- Pigment may initially look raised and/or darker with a reddened perimeter.
- Pigment will gradually turn darker over the next 24-48 hours. It may turn dark brown or even black.
- The pigment will progress to scabs/crusting and will start flaking off in 7-14 days. Do not pick, scratch or remove scabs.
- The pigment is usually healed in 21-30 days. It will continue to fade over the next 6-8 weeks.
- The vessels may undergo immediate graying or blanching, or they may exhibit a slight purple or red colouring.
- The vessels will fully or partially fade in about 2-5 days. Do not pick, scratch or remove scabs.
- Repeat treatments may be performed every 14-28 days if the skin has fully healed.

After Care for 2 weeks

- Apply sunscreen
- Avoid heat - showers, spas, the sun, hot temperatures and excessive perspiration
- Do not pick skin (let pigment slough off naturally)
- Call the clinic if you are concerned